

WK 3

	Breakfast	Snack	Dinner	Snack	Tea
Monday	Whole Milk, Cereal & Fresh Fruit	Water & Fresh Fruit	Cauliflower & Broccoli Cheese with Potato Croquettes & Mixed Vegetables Mousse	Water & Fresh Fruit	Soup with Bread Fingers Fruit Platter
Tuesday	Whole Milk, Wholemeal Toast & Fresh Fruit	Water & Fresh Fruit	Chicken Nuggets with 50/50 Rice Mixed Vegetables and Sweet & Sour Sauce Bananas & Custard	Water & Fresh Fruit	Digestive Biscuit, Cheese Wedge & Apple Slices Orange Slices & Sultanas
Wednesday	Whole Milk, Cereal & Fresh Fruit	Water & Fresh Fruit	Vegetable Ragu Pasta In Tomato Sauce Fromage Frais	Water & Fresh Fruit	Muffins & Beans Apples & Grapes
Thursday	Whole Milk, Wholemeal Toast & Fresh Fruit	Water & Fresh Fruit	Plant Based Mince in a Creamy Mushroom Sauce with Diced Potatoes, Carrots & Sweetcorn Fruit / Jelly	Water & Fresh Fruit	Cheese & Crackers with Grapes & Cucumber Sliced Fruit
Friday	Whole Milk, Cereal & Fresh Fruit	Water & Fresh Fruit	Salmon Pasta in a Cheese Sauce & Mixed Vegetables Mandarins & Grapes	Water & Fresh Fruit	Sandwiches, Sausage Rolls & Veg Sticks Banana

WK4

	Breakfast	Snack	Dinner	Snack	Tea
Monday	Whole Milk, Cereal & Fresh Fruit	Water & Fresh Fruit	Mushroom Risotto & Mixed Vegetables Cheese & Crackers with Apple Slices	Water & Fresh Fruit	Toasted Muffins with Jam/Butter & Veg Sticks Fruit Slices
Tuesday	Whole Milk, Wholemeal Toast & Fresh Fruit	Water & Fresh Fruit	Plant Based Bolognese Pasta with Mixed Vegetables & Garlic Bread Fromage Frais	Water & Fresh Fruit	Pizza Slices with Veg Sticks Banana
Wednesday	Whole Milk, Cereal & Fresh Fruit	Water & Fresh Fruit	Veggie Bake with Potato Waffles & Beans Jelly/Fruit	Water & Fresh Fruit	Rice Cakes with Cheese Wedge, Veg Sticks & Hummus Apple & Orange Slices
Thursday	Whole Milk, Wholemeal Toast & Fresh Fruit	Water & Fresh Fruit	Turkey Supreme & Rice with Mixed Vegetables Fruit Platter	Water & Fresh Fruit	Spaghetti Hoops with Bread & Butter Oranges & Sultanas
Friday	Whole Milk, Cereal & Fresh Fruit	Water & Fresh Fruit	Fish Fingers, Mini Hash Browns/Chips with Sweetcorn & Tomato Sauce Ice Cream	Water & Fresh Fruit	Sandwiches with Veg Sticks Melon Slices